

North Denver Oral & Maxillofacial Surgery
12213 Pecos Street, Suite 100
Westminster, CO 80234
Office: (303) 255-0500 * Fax: (303) 255-9500

Instructions BEFORE IV Sedation

- You must NOT have anything to **eat or drink** for at least **eight** hours before surgery.
- Medications should be taken as scheduled with a small sip of water.
 - Diabetic patients should **not** take their diabetes pills the day of surgery
 - Diabetic patients taking insulin should administer ½ your normal insulin dose on the day of surgery
 - Hypertensive patients should take their blood pressure medication with a small sip of water at the usual dose and time
 - Please review your medication(s) with the surgeon PRIOR to your surgery
- A responsible adult **MUST** accompany you to the office, remain in the office during the procedure, and drive you home. This person should plan to stay with you 4-6 hours after the surgery or longer to take care of you.
- Anyone under the age of 18 years **MUST** be accompanied by their parent or legal guardian.
- Refrain from driving a vehicle or operating heavy machinery for 24 hours following anesthesia or while taking prescription pain (narcotic) medications. The intravenous medications used may have lingering effects that may impair your judgment or reflexes for up to 24 hours.
- No smoking or drinking alcohol for at least 24 hours prior to and after surgery.
- Please wear loose fitting clothing with sleeves which can be rolled up past the elbow because an intravenous (IV) line will be started in your arm.
- Do NOT wear contact lenses, makeup, jewelry, or finger nail polish on the day of your surgery.
- Please empty your bladder just prior to your surgery.
- Please notify the office BEFOREHAND if you have an illness such as a cold, sore throat, productive cough, fever, or stomach upset.
- Please call the office for any other questions at (303) 255-0500.

Print name: _____

Signature: _____

Date: _____